

# **RUSK** POWERLIFTING



## **2026 SCHEDULE**

<b>Date</b>	<b>Meet</b>	<b>Location</b>	<b>Time</b>
Thurs - 1/15	Rusk	Rusk HS	4:00 pm
Wed - 1/21	New Summerfield	NSHS	4:00 pm
Wed - 2/4	Bullard(GIRLS)	Bullard HS	4:00 pm
Thurs - 2/5	Bullard(BOYS)	Bullard HS	4:00 pm
Thurs - 2/12	Arp	Arp HS	4:00 pm
Thurs - 2/26	Girls Regionals	Pine Tree HS	TBD
Friday - 3/6	Boys Regionals	Arp HS	TBD

We will host the 5A & 6A Boys Regional Meet on Saturday, March 7th. This will be ALL hands on deck and a great way for our program and Booster Club to raise money. We will need student and parent volunteers.

3/19 - 20	Girls State Meet	Edinburg, TX	TBD
3/27 - 28	Boys State Meet	Abilene, TX	TBD